

Nancy's Pizza

Menu group	Items
Appetizers	14
Beer	15
Desserts	15
Nancy's Specialty Drinks	15
Pasta	12
Pizza - Classic Thin Crust Chee	5
Pizza - Classic Thin Crust Grea	55
Pizza - Classic Thin Crust Topp	129
Pizza - Gluten Free Cheese	1
Pizza - Gluten Free Greatest Hi	11
Pizza - Gluten Free Toppings	26
Pizza - Original Stuffed Cheese	3
Pizza - Original Stuffed Greate	24
Pizza - Original Stuffed Toppin	77
Pizza - Rustic Crust Cheese	2
Pizza - Rustic Crust Greatest H	22
Pizza - Rustic Crust Toppings	48
Pizza - Stuffed Lighter Cheese	4
Pizza - Stuffed Lighter Greates	32
Pizza - Stuffed Lighter Topping	103
Pizza - Super Thin Crust Cheese	5
Pizza - Super Thin Crust Greate	55
Pizza - Super Thin Crust Toppin	129
Salads	15
Sandwiches	13
Sides	13
Wine	19
Wings	33

Appetizers

	Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
3 Mozzarella Sticks (Baked)	720	420	48	17		9	9	150	1660	125	33	2	2		37
3 Mozzarella Sticks (Fried)	760	470	53	17		9	9	150	1540	125	33	2	2		37
6 Mozzarella Sticks (Baked)	1180	610	69	30		9	14	285	2720	240	64	4	4		71
6 Mozzarella Sticks (Fried)	1270	700	80	30		9	14	285	2600	240	64	4	4		71
Boomin' Rings	1480	1050	118	14					2100	10	101	4	16		8
Caramelized Brussels Sprouts	480	230	26	7		2.5	10	30	2140	1090	48	9	29	23	17
Loaded Waffle Fries - Bacon Caesar (Baked)	1210	780	88	16	0	38	24	75	3200	1150	88	5	2		14
Loaded Waffle Fries - Bacon Caesar (Fried)	1620	1200	136	19	0	38	24	75	3200	1140	88	5	2		14
Loaded Waffle Fries - Buffalo Blue (Baked)	1140	690	79	19		16	14	65	4020	1150	90	5	4		18
Loaded Waffle Fries - Buffalo Blue (Fried)	1540	1120	126	23		16	14	65	3900	1120	89	5	3		18
Loaded Waffle Fries - Parmesan Pesto (Baked)	1070	660	75	12		27	19	30	2800	1130	89	5	3		11
Loaded Waffle Fries - Parmesan Pesto (Fried)	1480	1080	122	16		27	19	30	2800	1130	89	5	3		11
Meatball Sliders	1130	720	81	21		8	13	105	2360	125	67	5	14	0	39
Meatball Trio	840	560	63	18		2.0	13	95	2460	240	41	5	4		35

[Go back to index](#)

Beer	Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
312 Urban Wheat Ale - Draft	180								15		16				3
All Day IPA - Draft	180								10		17				2
Allagash White - Bottles & Cans	170								15		14				2
Bud Light - Bottles & Cans	110								10	90	7				1
Floyds Gumballhead - Bottles & Cans	170								15		14				2
Lagunitas IPA - Bottles & Cans	240										21				3
Little Sumpin' Sumpin' Ale - Draft	310								20		23		3		4
Metropolitan Flywheel Pilsner - Bottles & Cans	160										12				2
Miller High Life - Bottles & Cans	140								5		13				1
Miller Lite - Draft	130								5		4				
Modelo - Bottles & Cans	160										12				2
Off Color Apex Predator - Bottles & Cans	130								10		12				2
Revolution Anti Hero IPA - Draft	310										27				4
Stella Artois - Draft	200								20		16				
Virtue Cider Michigan Apple - Bottles & Cans	200								10		29		23		

[Go back to index](#)

Desserts	Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
Ben & Jerry's Cherry Garcia (Pint)	1010	520	59	38	1.5			235	180	710	112	1	109	92	15
Ben & Jerry's Chocolate Chip Cookie Dough (Pint)	1160	540	61	40	1.5			245	310	670	132	2	104	86	15
Ben & Jerry's Chocolate Fudge Brownie (Pint)	1060	480	54	33	1.5			150	350	1570	130	9	112	97	18
Ben & Jerry's Chunky Monkey (Pint)	1180	650	74	41	1.5			205	150	830	121	3	115	95	18
Ben & Jerry's Half Baked (Pint)	1110	500	57	36	1.5			195	360	1080	135	6	111	93	18
Ben & Jerry's Phish Food (Pint)	1150	470	53	38	1.5			135	310	1210	154	6	109	101	15
Ben & Jerry's Salted Caramel (Pint)	1080	500	57	33	1.5			255	720	750	123		108	87	18
Ben & Jerry's Strawberry Cheesecake (Pint)	1050	500	57	30	1.5			195	450	630	114	2	96	75	15
Cannoli (1)	230	110	13	5.0				30	60		23		12		5
Cannoli (3)	690	340	39	15				90	180		69		36		15
Cookie Skillet - Blueberry Sugar	1540	780	88	42	0	0	3.0	105	1520	65	172	1	97	12	12
Cookie Skillet - Chocolate Chip	1500	780	88	42	0	0	3.0	105	1530	35	161		88	7	11
Ice Cream - Lemon Sorbet	220								30		57		41		
Ice Cream - Vanilla	440	190	22	13				80	110		50		44		6
Nancy's Sundae	800	390	45	22		0	1.5	120	240	35	90	3	77	17	13

Go back to index

Nancy's Specialty Drinks

	Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
Almond Bliss	750	210	23	13				85	120	20	96		73	18	7
Aperol Spritz	250								0	0	15		2	2	
Banana Split	950	310	35	20		0	1.5	125	160	250	115	3	98	21	10
Bloody Mary	230	50	6	0.5					2380	15	10	1	5		1
Chicago Sling	300	0	0			0			5	220	43		36	14	1
Dark N' Stormy	190								0	10	17		16		0
Dreamsicle	890	270	31	18		0	0	110	160	30	110		86	19	9
Greenwood Mudslide	210	45	5.0	3.0		0	1.5	20	30	10	17		16	13	1
Heartbreak Hemmingway	270	0	0						1170	135	33		29	7	0
Mango Mile	200	0	0						0	115	24		20	1	0
Nancy's Classic	240	0	0						5	50	24		20	18	0
Rocco's Old Fashioned	210								0	30	21		20	18	0
Silver Blue Gimlet	160								0	15	14		13	6	0
Sour Apple Daiquiri	290	35	3.5	2.5		0	1.0	15	40	150	35		32	8	1
Whiskey Caramel	650	210	24	13				85	170	0	74		64	16	7

[Go back to index](#)

Pasta	Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
Baked Rigatoni with Marinara	1570	710	81	28		2.0	15	180	2730	1100	146	15	8		71
Baked Rigatoni with Meat Sauce	1650	760	86	32	0.5	2.0	15	230	2430	1100	143	14	16		81
Cheese Ravioli with Marinara	470	240	28	13				105	1710	5	32	3	2		28
Cheese Ravioli with Meat Sauce	510	250	29	14	0			135	1390	5	29	3	8		33
Chicken Tetrazzini	2010	1200	135	78	0	8	36	530	1450	930	110	12	8		94
Fettuccini Alfredo	1510	970	110	66	0	3.5	28	375	810	210	114	5	3		27
Pasta Add: Chicken Breast	190	35	4.0	1.0		1.0	1.5	95	85	290					35
Pasta Add: Italian Sausage	390	290	32	11	0			75	1320						25
Pasta Add: Meatballs (2 Each)	320	220	25	9				60	890		7	1	1		18
Spaghetti And Meatballs with Marinara	1280	510	58	17		2.5	1.5	100	3050	10	135	18	10		61
Spaghetti And Meatballs with Meat Sauce	1300	530	59	18	0	2.5	1.5	115	2960	10	134	18	12		64
Tuscan Rigatoni	1870	1210	137	75	0.5	4.0	28	435	2040	880	123	10	6		50

[Go back to index](#)

**Pizza - Classic Thin Crust
Cheese**

	Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
Family Classic Thin Cheese Pizza	3660	1700	192	72	0	3.5	31	355	6810	940	324	7	25		170
Large Classic Thin Cheese Pizza	2200	1040	118	41	0	2.0	17	200	3840	550	193	3	14		98
Med Classic Thin Cheese Pizza	1960	970	109	45	0	2.5	20	230	3570	510	145	3	11		102
Small Classic Thin Cheese Pizza	1080	500	57	21	0	1.0	9	100	1950	280	97	2	7		49
X-large Classic Thin Cheese Pizza	2860	1330	150	55	0	3.0	24	275	5190	730	254	5	18		132

[Go back to index](#)

Pizza - Classic Thin Crust Greatest Hits		Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
A Lot' A Meat Family		5790	3230	365	135	0	3.5	31	865	14690	1820	336	9	32		306
A Lot' A Meat Large		3510	1990	225	80	0	2.0	17	515	8750	1080	201	5	18		182
A Lot' A Meat Medium		2940	1670	188	74	0	2.5	20	470	7350	910	151	4	15		167
A Lot' A Meat Small		1750	980	111	41	0	1.0	9	260	4490	540	101	3	9		93
A Lot' A Meat X-large		4570	2550	289	106	0	3.0	24	685	11780	1400	264	7	24		243
BBQ Chicken Family		5230	2110	239	85		6	33	755	10650	2030	451	3	145		306
BBQ Chicken Large		3140	1320	150	51		3.5	19	450	6020	1230	257	2	73		184
BBQ Chicken Medium		2620	1160	132	52		3.5	21	415	4990	1020	187	1	50		166
BBQ Chicken Small		1540	640	72	25		2.0	10	225	3010	610	129		37		92
BBQ Chicken X-large		4050	1670	189	67		4.5	25	585	7970	1590	339	2	98		239
Chicago Beef Family		4540	2240	254	85	0	4.0	31	450	10170	1240	339	9	29		218
Chicago Beef Large		2730	1370	155	49	0	2.0	17	260	5870	730	202	5	16		127
Chicago Beef Medium		2360	1220	137	51	0	2.5	20	275	5090	650	152	4	13		124
Chicago Beef Small		1350	670	75	25	0	1.0	9	130	2960	370	101	3	8		64
Chicago Beef X-large		3560	1760	199	66	0	3.0	24	350	7840	970	266	7	21		171
Hawaiian BBQ Family		4540	1740	197	71		3.0	28	490	13400	1030	479	2	180	12	216
Hawaiian BBQ Large		2680	1080	122	41		2.0	16	275	7320	620	276	1	97	8	123
Hawaiian BBQ Medium		2290	990	112	45		2.0	19	285	5920	570	202	1	69	7	120
Hawaiian BBQ Small		1340	520	59	21		1.0	8	145	3850	320	141		51	5	64
Hawaiian BBQ X-large		3470	1360	154	55		2.5	22	370	9630	820	362	2	127	10	163
Hot Buffalo Chicken Family		4020	1710	194	68		6	33	640	14680	2100	295	2	7		272
Hot Buffalo Chicken Large		2460	1070	121	40		3.5	19	380	7810	1270	178	1	4		162
Hot Buffalo Chicken Medium		2150	990	112	44		3.5	21	365	6140	1060	134		4		151

Hot Buffalo Chicken Small	1200	510	58	20	2.0	10	190	3110	640	89	2	81		
Hot Buffalo Chicken X-large	3160	1350	153	53	4.5	25	495	10390	1640	233	2	6	211	
Nana's Special Family	3800	1710	193	72	0	4.5	31	355	7680	2560	347	13	31	182
Nana's Special Large	2280	1050	119	41	0	2.5	18	200	4360	1480	207	7	17	104
Nana's Special Medium	2020	970	110	45	0	2.5	20	230	3920	1190	155	5	14	107
Nana's Special Small	1120	500	57	21	0	1.0	9	100	2120	710	102	3	9	53
Nana's Special X-large	2970	1340	151	56	0	3.5	24	275	5880	2010	272	9	23	141
Northern Italian Veggie Family	3990	1840	208	72	0	3.5	40	355	8290	970	367	8	32	173
Northern Italian Veggie Large	2400	1130	128	41	0	2.0	23	200	4740	570	219	4	18	100
Northern Italian Veggie Medium	2100	1030	117	45	0	2.5	24	230	4260	520	164	3	14	104
Northern Italian Veggie Small	1180	540	61	21	0	1.0	12	100	2400	280	110	2	9	50
Northern Italian Veggie X-large	3120	1440	163	56	0	3.0	31	275	6380	760	289	6	24	135
Rocco's Party Family	4620	2300	261	95	0	4.0	31	595	8440	2650	351	15	36	227
Rocco's Party Large	2770	1410	159	55	0	2.0	18	345	4820	1560	209	8	20	132
Rocco's Party Medium	2450	1270	144	57	0	2.5	20	355	4510	1370	162	7	19	132
Rocco's Party Small	1360	680	77	27	0	1.0	9	175	2430	740	104	4	9	66
Rocco's Party X-large	3580	1780	202	72	0	3.0	24	455	6410	2060	275	11	27	175
Spicy Pepino Family	5310	3070	347	119	0	3.5	31	525	18600	940	351	7	42	220
Spicy Pepino Large	3190	1870	211	69	0	2.0	17	300	10950	550	209	3	24	128
Spicy Pepino Medium	2720	1600	181	67	0	2.5	20	310	8980	510	158	3	19	125
Spicy Pepino Small	1580	910	103	35	0	1.0	9	150	5500	280	105	2	12	64
Spicy Pepino X-large	4150	2400	272	92	0	3.0	24	405	14430	730	275	5	31	171
Uncle Tony's Large	3080	1700	192	67	0	2.0	18	395	6100	1310	209	7	21	145
Uncle Tony's Medium	2610	1450	164	65	0	2.5	20	375	5230	1060	156	5	16	137
Uncle Tony's Special Family	5110	2760	313	115	0	3.5	31	675	10500	2220	350	14	37	247
Uncle Tony's Special Small	1530	830	94	34	0	1.0	9	200	3100	650	104	4	10	73
Uncle Tony's Special X-large	4020	2190	247	90	0	3.0	24	525	8210	1710	275	10	28	193
Veggie Family	3780	1700	193	72	0	4.0	31	355	6820	1890	348	13	37	177

Veggie Large	2270	1050	118	41	0	2.5	18	200	3850	1120	208	7	21	102
Veggie Medium	2020	970	110	45	0	2.5	20	230	3580	940	157	5	17	106
Veggie Small	1120	500	57	21	0	1.0	9	100	1950	560	104	4	11	51
Veggie X-large	2960	1330	151	55	0	3.0	24	275	5200	1490	274	10	28	138

[Go back to index](#)

Pizza - Classic Thin Crust Toppings	Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
Family Add: Anchovies	480	190	22	5.0		6	9	195	8320	1230					66
Family Add: Artichoke	60								1080		15	12			5
Family Add: Bacon	920	650	74	28				185	3130						55
Family Add: Banana Peppers	40								4010		8		8		
Family Add: Black Olives	220	190	22				15		1830		15				
Family Add: Canadian Bacon	300	110	12	5.0				125	3700		5		5		44
Family Add: Chicken	610	120	13	3.5		3.0	4.5	315	270	940					114
Family Add: Feta Cheese	490	290	32	20				40	2830						40
Family Add: Fresh Basil	5	0	0			0			0	85	1		0		1
Family Add: Fresh Garlic	110	0	0	0		0			10	280	23	1	1		5
Family Add: Gorgonzola	840	590	67	42				210	2190		8		8		67
Family Add: Green Olives	140	70	8	1.5					5150		17	10			2
Family Add: Green Peppers	45	0	0	0		0			5	410	11	4	6		2
Family Add: Ground Beef	820	600	68	29				195	2280						48
Family Add: Hot Giardinara	510	400	46	5					3460		10				
Family Add: Italian Beef	650	340	39	13				130	1170						65
Family Add: Italian Sausage	1280	900	102	34				360	2420	1330	9	4			77
Family Add: Jalapenos	70	15	1.5	0		0.5	0		0	500	14	7	8		3
Family Add: Meatballs	480	330	38	14				90	1340		11	2	2		27
Family Add: Mushrooms	50	5	1.0	0		0			10	740	8	2	5		7
Family Add: Onions	90	0	0	0					10	340	22	4	10		3
Family Add: Pepperoni	1280	1130	128	49				195	5030		10		10		59
Family Add: Pineapple	240								30	260	60	3	60	21	
Family Add: Roasted Red Peppers	80								470		16		8		
Family Add: Roma Tomatoes	110								1020	990	24	6	15		6
Family Add: Spinach	50	10	1.0	0		0			180	1270	8	5	1		6
Large Add: Anchovies	300	120	14	3.0		3.5	5	120	5200	770					41
Large Add: Artichoke	35								650		9	7			3
Large Add: Bacon	570	400	45	17				115	1930						34
Large Add: Banana Peppers	25								2430		5		5		
Large Add: Black Olives	130	120	13				9		1110		9				
Large Add: Canadian Bacon	180	70	8	3.0				75	2280		3		3		27
Large Add: Chicken	370	70	8	2.5		1.5	3.0	195	170	580					70
Large Add: Feta Cheese	300	180	20	13				25	1770						25
Large Add: Fresh Basil	0	0	0			0			0	50	0		0		1
Large Add: Fresh Garlic	60	0	0			0			5	170	14		0		3
Large Add: Gorgonzola	400	290	32	20				100	1050		4		4		32
Large Add: Green Olives	90	40	4.5	1.0					3120		10	6			1
Large Add: Green Peppers	30	0	0	0		0			0	250	7	2	3		1
Large Add: Ground Beef	510	370	42	18				120	1400						30
Large Add: Hot Giardinara	310	250	28	3.0					2100		6				

Large Add: Italian Beef	400	210	24	8			80	720				40	
Large Add: Italian Sausage	770	540	61	20			215	1450	800	5	3	46	
Large Add: Jalapenos	45	10	1.0	0	0			0	300	8	4	5	2
Large Add: Meatballs	320	220	25	9			60	890		7	1	1	18
Large Add: Mushrooms	30	0	0	0	0			5	450	5	1	3	4
Large Add: Onions	60	0	0	0				5	210	13	2	6	2
Large Add: Pepperoni	790	700	79	30			120	3100		6		6	36
Large Add: Pineapple	150							20	160	37	2	37	13
Large Add: Roasted Red Peppers	45							280		9		5	
Large Add: Roma Tomatoes	60							620	600	15	4	9	4
Large Add: Spinach	35	0	0.5	0	0			110	790	5	3	1	4
Medium Add: Anchovies	210	90	10	2.0	2.5	3.5	85	3640	540				29
Medium Add: Artichoke	25							480		7	5		2
Medium Add: Bacon	430	300	34	13			85	1450					26
Medium Add: Banana Peppers	20							1820		4		4	
Medium Add: Black Olives	100	90	10			7		830		7			
Medium Add: Canadian Bacon	140	50	6	2.5			55	1710		2		2	21
Medium Add: Chicken	270	50	6	1.5	1.5	2.0	140	120	420				51
Medium Add: Feta Cheese	230	130	15	9			20	1330					19
Medium Add: Fresh Basil	0	0	0					0	35	0			0
Medium Add: Fresh Garlic	40	0	0		0			0	115	9		0	2
Medium Add: Gorgonzola	300	210	24	15			75	790		3		3	24
Medium Add: Green Olives	60	30	3.5	0.5				2340		8	5		1
Medium Add: Green Peppers	20	0	0	0	0			0	190	5	2	3	1
Medium Add: Ground Beef	380	280	31	13			90	1050					22
Medium Add: Hot Giardinara	230	180	21	2.5				1570		5			
Medium Add: Italian Beef	300	160	18	6			60	540					30
Medium Add: Italian Sausage	550	390	44	15			155	1050	580	4	2		33
Medium Add: Jalapenos	30	5	0.5	0	0			0	230	6	3	4	1
Medium Add: Meatballs	240	170	19	7			45	670		5		1	14
Medium Add: Mushrooms	25	0	0	0	0			5	340	3	1	2	3
Medium Add: Onions	40	0	0					0	160	10	2	5	1
Medium Add: Pineapple	110							15	120	28	1	28	10
Medium Add: Roasted Red Peppers	35							210		7		4	
Medium Add: Roma Tomatoes	50							460	450	11	3	7	3
Medium Add: Spinach	25	0	0	0	0			80	550	4	2	0	3
Small Add: Anchovies	150	60	7	1.5	2.0	2.5	60	2600	390				20
Small Add: Artichoke	20							340		5	4		2
Small Add: Bacon	280	200	23	9			55	960					17
Small Add: Banana Peppers	15							1210		3		3	
Small Add: Black Olives	70	60	7			4.5		550		4			
Small Add: Canadian Bacon	90	35	4.0	1.5			40	1140		2		2	14
Small Add: Chicken	190	35	4.0	1.0	1.0	1.5	95	85	290				35
Small Add: Feta Cheese	150	90	10	6			15	890					13
Small Add: Fresh Basil	0							0	15	0			0
Small Add: Fresh Garlic	30	0	0		0			0	85	7		0	1
Small Add: Gorgonzola	200	140	16	10			50	530		2		2	16
Small Add: Green Olives	45	20	2.5	0				1560		5	3		0
Small Add: Green Peppers	15	0	0					0	125	3	1	2	1
Small Add: Ground Beef	250	180	21	9			60	700					15
Small Add: Hot Giardinara	150	120	14	1.5				1050		3			
Small Add: Italian Beef	200	110	12	4.0			40	360					20

Small Add: Italian Sausage	380	270	31	10			110	730	400	3	1		23
Small Add: Jalapenos	20	0	0			0		0	150	4	2	2	1
Small Add: Meatballs	160	110	13	4.5			30	450		4		1	9
Small Add: Mushrooms	15	0	0			0		0	230	2		1	2
Small Add: Onions	30	0	0					0	105	7	1	3	1
Small Add: Pepperoni	390	350	39	15			60	1550		3		3	18
Small Add: Pineapple	70							10	80	19		19	7
Small Add: Roasted Red Peppers	25							140		5		2	
Small Add: Roma Tomatoes	30							310	300	7	2	5	2
Small Add: Spinach	15	0	0			0		55	400	3	2	0	2
X-large Add: Anchovies	390	160	18	4.0		4.5	7	155	6760	1000			53
X-large Add: Artichoke	50							860		12	10		4
X-large Add: Bacon	710	500	57	21			140	2410					43
X-large Add: Banana Peppers	35							3160		7		7	
X-large Add: Black Olives	170	150	17				12	1440		12			
X-large Add: Canadian Bacon	240	90	10	4.0			100	2940		4		4	35
X-large Add: Chicken	480	90	10	3.0		2.0	3.5	245	220	740			90
X-large Add: Feta Cheese	390	230	26	16				35	2300				33
X-large Add: Fresh Basil	5	0	0			0		0	65	1		0	1
X-large Add: Fresh Garlic	80	0	0	0		0		10	230	19	1	1	4
X-large Add: Gorgonzola	660	470	53	33				165	1710		7	7	53
X-large Add: Green Olives	110	50	6	1.0				4050		14	8		1
X-large Add: Green Peppers	35	0	0	0		0		5	320	9	3	4	2
X-large Add: Ground Beef	660	480	54	23				155	1810				39
X-large Add: Hot Giardinara	400	320	36	4.0				2720		8			
X-large Add: Italian Beef	500	270	30	10				100	900				50
X-large Add: Italian Sausage	1000	710	80	27				285	1900	1040	7	3	60
X-large Add: Jalapenos	60	10	1.0	0		0.5	0	0	400	11	5	6	2
X-large Add: Meatballs	400	280	31	11				75	1120		9	1	23
X-large Add: Mushrooms	40	5	0.5	0		0		10	590	6	2	4	6
X-large Add: Onions	70	0	0	0				5	270	17	3	8	2
X-large Add: Pepperoni	1020	900	102	39				155	4000		8	8	47
X-large Add: Pineapple	190							25	200	46	2	46	16
X-large Add: Roasted Red Peppers	60							370		12		6	
X-large Add: Roma Tomatoes	80							770	750	18	5	11	5
X-large Add: Spinach	40	5	0.5	0		0		150	1030	7	4	1	5

Go back to index

Pizza - Gluten Free Cheese

	Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
Medium Gluten Free Cheese Pizza	1250	520	59	31	0	3.0	20	130	2300	490	119	5	19		61

[Go back to index](#)

Pizza - Gluten Free Greatest Hits

	Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
A Lot A Meat Medium	1920	1010	114	51	0	3.0	20	290	4840	760	123	6	21		104
BBQ Chicken Medium	2000	750	85	40	0	4.5	22	325	4490	1020	173	6	66		129
Chicago Beef Medium	1560	720	81	36	0	3.0	20	160	3520	580	124	6	20		78
Hawaiian BBQ Medium	1680	580	66	34	0	3.0	20	190	5420	570	188	6	84	7	83
Hot Buffalo Chicken Medium	1540	580	65	33	0	4.5	22	275	5640	1060	120	6	20		114
Nana's Special Medium	1300	530	60	31	0	3.5	20	130	2730	1170	129	8	21		65
Northern Italian Veggie Medium	1370	570	64	31	0	3.0	22	130	2810	500	136	6	22		62
Rocco's Party Medium	1540	710	80	38	0	3.0	20	200	2790	1090	128	8	23		79
Spicy Pepino Medium	1840	1020	115	48	0	3.0	20	190	6560	490	128	5	25		79
Uncle Tony's Special Medium	2100	1170	133	58	0	3.0	20	310	4660	1060	132	8	25		105
Veggie Medium	1280	530	59	31	0	3.0	20	130	2300	780	126	7	23		63

[Go back to index](#)

Pizza - Gluten Free Toppings

	Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
Medium Add: Anchovies	150	60	7	1.5		2.0	2.5	60	2600	390					20
Medium Add: Artichoke	25								460		6	5			2
Medium Add: Bacon	320	230	26	10				65	1080						19
Medium Add: Banana Peppers	20								1820		4		4		
Medium Add: Black Olives	70	60	7				5.0		610		5				
Medium Add: Canadian Bacon	110	40	4.5	2.0				45	1330		2		2		16
Medium Add: Chicken	200	40	4.5	1.0		1.0	1.5	100	90	310					37
Medium Add: Feta Cheese	170	100	11	7				15	980						14
Medium Add: Fresh Basil	0	0	0						0	35	0				0
Medium Add: Fresh Garlic	40	0	0			0			0	115	9		0		2
Medium Add: Gorgonzola	300	210	24	15				75	790		3		3		24
Medium Add: Green Olives	50	20	2.5	0					1720		6	3			1
Medium Add: Green Peppers	15	0	0			0			0	150	4	1	2		1
Medium Add: Ground Beef	230	170	19	8				55	640						14
Medium Add: Hot Giardinara	170	130	15	1.5					1150		3				
Medium Add: Italian Beef	230	120	14	4.5				45	410						23
Medium Add: Italian Sausage	430	300	34	11				120	810	440	3	1			26
Medium Add: Jalapenos	25	0	0.5	0		0			0	180	5	2	3		1
Medium Add: Meatballs	160	110	13	4.5				30	450		4		1		9
Medium Add: Mushrooms	20	0	0			0			0	270	3		2		3
Medium Add: Onions	35	0	0						0	125	8	1	4		1
Medium Add: Pepperoni	590	520	59	23				90	2320		5		5		27
Medium Add: Pineapple	70								10	80	19		19	7	
Medium Add: Roasted Red Peppers	30								170		6		3		
Medium Add: Roma Tomatoes	35								350	340	8	2	5		2
Medium Add: Spinach	15	0	0			0			55	400	3	2	0		2

[Go back to index](#)

**Pizza - Original Stuffed
Cheese**

	Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
Large Original Stuffed Cheese Pizza	4840	2160	244	90	0	7	42	430	9550	1230	456	11	48		216
Med Original Stuffed Cheese Pizza	3330	1480	168	61	0	4.5	28	295	6560	840	315	8	33		148
Small Original Stuffed Cheese Pizza	2710	1190	135	48	0	3.5	22	230	5170	690	262	6	25		119

[Go back to index](#)

Pizza - Original Stuffed Greatest Hits		Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
A Lot' A Meat Large		6190	3110	352	129	0	7	42	775	14640	1940	465	13	52		308
A Lot' A Meat Medium		4280	2160	244	89	0	4.5	28	535	10180	1330	321	9	36		212
A Lot' A Meat Small		3440	1700	193	69	0	3.5	22	420	7840	1090	267	7	27		168
Chicago Beef Large		5320	2460	278	97	0	7	42	480	11450	1400	465	13	50		241
Chicago Beef Medium		3670	1700	192	66	0	4.5	28	330	7870	960	321	9	35		168
Chicago Beef Small		2990	1370	154	52	0	3.5	22	260	6240	790	267	6	26		135
Nana's Special Large		4900	2170	245	90	0	7	42	430	10050	1860	467	13	50		221
Nana's Special Medium		3370	1490	168	61	0	4.5	28	295	6890	1310	323	9	35		152
Nana's Special Small		2750	1190	135	48	0	3.5	22	230	5430	1080	269	7	27		122
Northern Italian Veggie Large		5020	2240	254	90	0	7	47	430	10480	1240	479	12	52		218
Northern Italian Veggie Medium		3450	1540	174	61	0	4.5	32	295	7180	850	331	8	36		149
Northern Italian Veggie Small		2800	1230	139	48	0	3.5	25	230	5640	690	274	6	28		120
Rocco's Party Large		5580	2650	299	108	0	7	42	625	10850	2430	472	16	53		261
Rocco's Party Medium		3830	1820	206	74	0	4.5	28	425	7450	1670	325	11	37		179
Rocco's Party Small		3120	1460	165	58	0	3.5	22	340	5900	1360	271	8	28		144
Spicy Pepino Large		5310	2550	289	103	0	7	42	475	13150	1230	464	11	53		230
Spicy Pepino Medium		3710	1810	204	72	0	4.5	28	335	9220	840	321	8	37		160
Spicy Pepino Small		3010	1440	163	57	0	3.5	22	260	7300	690	267	6	28		128
Uncle Tony's Special Large		5340	2520	285	105	0	7	42	520	10920	1880	475	16	58		241
Uncle Tony's Special Medium		3670	1730	196	71	0	4.5	28	355	7480	1300	327	11	40		165
Uncle Tony's Special Small		2960	1370	155	55	0	3.5	22	275	5850	1040	272	9	30		132
Veggie Large		4900	2160	245	90	0	7	42	430	9560	1670	467	14	53		220
Veggie Medium		3370	1490	168	61	0	4.5	28	295	6560	1140	322	10	37		150

Veggie Small	2740	1190	135	48	0	3.5	22	230	5170	930	269	7	28	121
--------------	------	------	-----	----	---	-----	----	-----	------	-----	-----	---	----	-----

[Go back to index](#)

Pizza - Original Stuffed Toppings	Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
Large Add: Anchovies	270	110	12	3.0		3.5	5.0	110	4680	690					37
Large Add: Artichoke	25								480		7	5			2
Large Add: Bacon	570	400	45	17				115	1930						34
Large Add: Banana Peppers	25								2310		5		5		
Large Add: Black Olives	130	110	13				8		1050		8				
Large Add: Canadian Bacon	180	70	8	3.0				75	2280		3		3		27
Large Add: Chicken	350	70	8	2.0		1.5	2.5	180	160	540					66
Large Add: Feta Cheese	300	180	20	13				25	1770						25
Large Add: Fresh Basil	0	0	0						0	35	0				0
Large Add: Fresh Garlic	40	0	0			0			0	115	9		0		2
Large Add: Gorgonzola	380	270	31	19				95	1000		4		4		31
Large Add: Green Olives	80	40	4.5	1.0					2960		10	6			1
Large Add: Green Peppers	25	0	0	0		0			0	240	6	2	3		1
Large Add: Ground Beef	490	360	40	17				115	1360						29
Large Add: Hot Giardinara	290	230	26	3.0					1990		6				
Large Add: Italian Beef	390	210	23	8				75	700						39
Large Add: Italian Sausage	850	600	68	23				240	1620	880	6	3			51
Large Add: Jalapenos	40	5	1.0	0		0			0	290	8	4	5		2
Large Add: Meatballs	320	220	25	9				60	890		7	1	1		18
Large Add: Mushrooms	30	0	0	0		0			5	430	4	1	3		4
Large Add: Onions	50	0	0	0					5	200	13	2	6		1
Large Add: Pepperoni	790	700	79	30				120	3100		6		6		36
Large Add: Pineapple	150								20	160	37	2	37	13	
Large Add: Roasted Red Peppers	45								270		9		4		
Large Add: Roma Tomatoes	60								600	580	14	4	9		4
Large Add: Spinach	30	0	0	0		0			100	710	5	3	1		4
Medium Add: Anchovies	190	80	9	2.0		2.5	3.5	80	3380	500					27
Medium Add: Artichoke	20								340		5	4			2
Medium Add: Bacon	350	250	28	11				70	1200						21
Medium Add: Banana Peppers	15								1580		3		3		
Medium Add: Black Olives	90	80	9				6		720		6				
Medium Add: Canadian Bacon	120	45	5	2.0				50	1520		2		2		18
Medium Add: Chicken	250	45	5	1.5		1.0	2.0	125	110	380					46
Medium Add: Feta Cheese	200	120	13	8				15	1150						16
Medium Add: Fresh Basil	0								0	15	0				0
Medium Add: Fresh Garlic	30	0	0			0			0	85	7		0		1
Medium Add: Gorgonzola	250	180	20	13				65	660		3		3		20
Medium Add: Green Olives	60	25	3.0	0.5					2030		7	4			1
Medium Add: Green Peppers	20	0	0	0		0			0	160	4	2	2		1
Medium Add: Ground Beef	340	250	28	12				80	930						20
Medium Add: Hot Giardinara	200	160	18	2.0					1360		4				
Medium Add: Italian Beef	260	140	16	5				50	470						26
Medium Add: Italian Sausage	600	420	48	16				170	1130	620	4	2			36

Medium Add: Jalapenos	30	5	0.5	0	0	0	0	200	5	3	3	1
Medium Add: Meatballs	240	170	19	7			45	670	5		1	14
Medium Add: Mushrooms	20	0	0			0		0	290	3		3
Medium Add: Onions	35	0	0					0	135	9	2	4
Medium Add: Pineapple	90							10	100	23	1	23
Medium Add: Roasted Red Peppers	30							180		6		3
Medium Add: Roma Tomatoes	35							330	320	8	2	5
Medium Add: Spinach	20	0	0	0	0			75	510	3	2	0
Small Add: Anchovies	160	70	8	1.5	2.0	3.0	65	2860	420			23
Small Add: Artichoke	15							260		4	3	1
Small Add: Bacon	320	230	26	10			65	1080				19
Small Add: Banana Peppers	15							1340		3		3
Small Add: Black Olives	70	60	7			5.0		610		5		
Small Add: Canadian Bacon	110	40	4.5	2.0			45	1330		2		2
Small Add: Chicken	150	30	3.5	1.0	0.5	1.0	80	70	240			29
Small Add: Feta Cheese	150	90	10	6			15	890				13
Small Add: Fresh Basil	0							0	15	0		0
Small Add: Fresh Garlic	20	0	0					0	55	5		0
Small Add: Gorgonzola	200	140	16	10			50	530		2		2
Small Add: Green Olives	50	20	2.5	0				1720		6	3	1
Small Add: Green Peppers	15	0	0					0	135	4	1	2
Small Add: Ground Beef	300	220	24	10			70	820				17
Small Add: Hot Giardinara	170	130	15	1.5				1150		3		
Small Add: Italian Beef	200	110	12	4.0			40	360				20
Small Add: Italian Sausage	510	360	41	14			145	970	530	3	2	31
Small Add: Jalapenos	15	0	0		0			0	120	3	2	2
Small Add: Meatballs	160	110	13	4.5			30	450		4		1
Small Add: Mushrooms	15	0	0		0			0	250	3		2
Small Add: Onions	30	0	0					0	115	7	1	3
Small Add: Pepperoni	460	410	46	18			70	1810		4		4
Small Add: Pineapple	70							10	80	19		19
Small Add: Roasted Red Peppers	25							160		5		3
Small Add: Roma Tomatoes	35							330	320	8	2	5
Small Add: Spinach	20	0	0		0			60	440	3	2	0

Go back to index

Pizza - Rustic Crust Cheese

	Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
Medium Rustic Crust Cheese Pizza	1770	700	79	30	0	2.5	15	120	3590	55	184	4	25		86
X-large Rustic Crust Cheese Pizza	3410	1370	155	70	0	4.0	26	255	6950	80	334	15	42		164

[Go back to index](#)

Pizza - Rustic Crust Greatest Hits	Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
	A Lot' A Meat Medium	2740	1400	158	58	0	2.5	15	355	7360	460	190	5	29	
A Lot' A Meat X-large	5120	2600	294	121	0	4.0	26	665	13540	740	345	17	48		275
BBQ Chicken Medium	2530	930	105	39	0	3.5	17	315	5770	590	239	5	72		154
BBQ Chicken X-large	4790	1790	202	87	0	6	29	590	11160	970	442	16	136		280
Chicago Beef Medium	2170	950	107	36	0	2.5	15	160	5110	190	191	5	27		108
Chicago Beef X-large	4110	1800	204	81	0	4.0	26	335	9610	310	346	17	45		203
Hawaiian BBQ Medium	2200	760	85	32	0	2.5	15	185	6710	135	254	5	91	7	109
Hawaiian BBQ X-large	4210	1470	166	75	0	4.0	26	370	12810	200	465	16	165	10	205
Hot Buffalo Chicken Medium	2060	750	85	31	0	3.5	17	265	6930	620	186	5	26		139
Hot Buffalo Chicken X-large	3890	1460	165	73	0	6	29	500	13580	1030	337	16	44		252
Nana's Special Medium	1820	710	80	30	0	2.5	15	120	3890	690	193	6	27		91
Nana's Special X-large	3500	1380	156	71	0	4.5	26	255	7350	1580	350	20	46		174
Northern Italian Veggie Medium	1910	770	87	30	0	2.5	19	120	4270	65	203	4	28		87
Northern Italian Veggie X-large	3670	1490	168	71	0	4.0	33	255	8150	105	369	16	48		167
Rocco's Party Medium	2250	1000	114	41	0	2.5	15	240	4400	920	198	8	31		115
Rocco's Party X-large	4270	1920	217	91	0	4.0	26	475	8420	1600	359	22	52		215
Spicy Pepino Medium	2480	1300	147	51	0	2.5	15	195	8130	55	194	4	31		109
Spicy Pepino X-large	4860	2590	293	114	0	4.0	26	415	16100	80	355	15	55		211
Uncle Tony's Special Medium	2420	1180	134	49	0	2.5	15	265	5250	610	195	7	30		121
Uncle Tony's Special X-large	4570	2230	252	105	0	4.0	26	510	9980	1060	356	20	52		225
Veggie Medium	1820	700	80	30	0	2.5	15	120	3590	500	194	6	30		90
Veggie X-large	3510	1380	156	71	0	4.5	26	255	6970	930	353	20	52		171

[Go back to index](#)

Pizza - Rustic Crust Toppings		Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
Medium Add: Anchovies	210	90	10	2.0			2.5	3.5	85	3640	540					29
Medium Add: Artichoke	25									480		7	5			2
Medium Add: Bacon	430	300	34	13					85	1450						26
Medium Add: Banana Peppers	15									1460		3		3		
Medium Add: Black Olives	100	90	10					7		830		7				
Medium Add: Canadian Bacon	140	50	6	2.5					55	1710		2		2		21
Medium Add: Chicken	270	50	6	1.5			1.5	2.0	140	120	420					51
Medium Add: Feta Cheese	230	130	15	9					20	1330						19
Medium Add: Fresh Basil	0	0	0							0	35	0				0
Medium Add: Fresh Garlic	40	0	0				0			0	115	9		0		2
Medium Add: Green Olives	60	30	3.5	0.5						2340		8	5			1
Medium Add: Green Peppers	15	0	0				0			0	150	4	1	2		1
Medium Add: Ground Beef	380	280	31	13					90	1050						22
Medium Add: Hot Giardinara	230	180	21	2.5						1570		5				
Medium Add: Italian Beef	300	160	18	6					60	540						30
Medium Add: Italian Sausage	550	390	44	15					155	1050	580	4	2			33
Medium Add: Jalapenos	25	0	0.5	0			0			0	180	5	2	3		1
Medium Add: Meatballs	240	170	19	7					45	670		5		1		14
Medium Add: Mushrooms	20	0	0				0			0	270	3		2		3
Medium Add: Onions	35	0	0							0	125	8	1	4		1
Medium Add: Pineapple	110									15	120	28	1	28	10	
Medium Add: Roasted Red Peppers	30									170		6		3		
Medium Add: Roma Tomatoes	50									460	450	11	3	7		3
Medium Add: Spinach	25	0	0	0			0			80	550	4	2	0		3
X-large Add: Anchovies	390	160	18	4.0			4.5	7	155	6760	1000					53
X-large Add: Artichoke	50									860		12	10			4
X-large Add: Bacon	710	500	57	21					140	2410						43
X-large Add: Banana Peppers	25									2430		5		5		
X-large Add: Black Olives	170	150	17					12		1440		12				
X-large Add: Canadian Bacon	240	90	10	4.0					100	2940		4		4		35
X-large Add: Chicken	480	90	10	3.0			2.0	3.5	245	220	740					90
X-large Add: Feta Cheese	390	230	26	16					35	2300						33
X-large Add: Fresh Basil	5	0	0				0			0	65	1		0		1
X-large Add: Fresh Garlic	80	0	0	0			0			10	230	19	1	1		4
X-large Add: Green Olives	110	50	6	1.0						4050		14	8			1
X-large Add: Green Peppers	30	0	0	0			0			0	250	7	2	3		1
X-large Add: Ground Beef	660	480	54	23					155	1810						39
X-large Add: Hot Giardinara	400	320	36	4.0						2720		8				
X-large Add: Italian Beef	500	270	30	10					100	900						50
X-large Add: Italian Sausage	1000	710	80	27					285	1900	1040	7	3			60

X-large Add: Jalapenos	45	10	1.0	0	0	0	300	8	4	5	2
X-large Add: Meatballs	400	280	31	11		75	1120	9	1	1	23
X-large Add: Mushrooms	30	0	0	0	0		5	450	5	1	3
X-large Add: Onions	60	0	0	0			5	210	13	2	6
X-large Add: Pineapple	190						25	200	46	2	46
X-large Add: Roasted Red Peppers	45						280		9		5
X-large Add: Roma Tomatoes	80						770	750	18	5	11
X-large Add: Spinach	40	5	0.5	0	0		150	1030	7	4	1

[Go back to index](#)

Pizza - Stuffed Lighter Cheese		Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
Large Stuffed Lighter Cheese Pizza		3880	1950	220	82	0.5	12	45	315	7700	880	327	10	41		158
Med Stuffed Lighter Cheese Pizza		2710	1340	151	54	0	9	31	200	5300	610	241	7	28		104
Personal Stuffed Lighter Cheese Pizza		1060	470	54	17	0	3.0	10	60	1950	240	110	2	10		36
Small Stuffed Lighter Cheese Pizza		2170	1010	115	41	0	6	23	155	4200	510	205	5	22		84

[Go back to index](#)

Pizza - Stuffed Lighter Greatest Hits		Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
A Lot' A Meat Large		4800	2580	292	108	0.5	12	45	555	11520	1320	333	11	44		223
A Lot' A Meat Medium		3430	1830	207	74	0	9	31	390	8270	960	246	8	31		155
A Lot' A Meat Personal		930	410	47	11				80	1810	320	96		1		34
A Lot' A Meat Small		2700	1390	157	56	0	6	23	295	6380	770	208	6	24		122
Chicago Beef Large		4290	2200	249	88	0.5	12	45	360	9310	1030	334	11	43		180
Chicago Beef Medium		2980	1500	170	58	0	9	31	230	6320	700	245	8	29		119
Chicago Beef Personal		820	340	39	8				45	1340	230	95		1		25
Chicago Beef Small		2380	1150	130	44	0	6	23	180	5030	580	208	6	23		96
Nana's Special Large		3930	1950	221	82	0.5	13	45	315	8050	1490	336	12	43		163
Nana's Special Medium		2750	1340	152	54	0	9	31	200	5530	1040	247	8	30		107
Nana's Special Personal		880	200	22	2.5		0	0		5440	420	161	3	4		15
Nana's Special Small		2190	1020	115	41	0	6	23	155	4370	850	210	6	24		87
Northern Italian Veggie Large		4020	2010	228	82	0.5	12	50	315	8390	900	345	10	44		160
Northern Italian Veggie Medium		2810	1380	156	54	0	9	33	200	5750	620	254	7	30		105
Northern Italian Veggie Personal		620	190	21	1.5			0.5		800	170	97		1		13
Northern Italian Veggie Small		2240	1050	119	41	0	6	25	155	4590	510	215	5	24		85
Rocco's Party Large		4360	2250	255	93	0.5	13	45	435	8520	1760	339	14	45		187
Rocco's Party Medium		3090	1580	179	63	0	9	31	295	5950	1300	250	10	32		127
Rocco's Party Personal		770	290	33	6				45	960	430	98	1	2		23
Rocco's Party Small		2450	1200	135	48	0	6	23	230	4690	1040	212	7	25		102
Spicy Pepino Large		4210	2210	250	90	0.5	12	45	345	10210	880	333	10	44		166
Spicy Pepino Medium		2940	1530	173	60	0	9	31	220	6930	610	244	7	30		110
Spicy Pepino Personal		710	270	31	4.5				10	1560	160	96		2		16
Spicy Pepino Small		2350	1170	132	45	0	6	23	170	5620	510	208	5	24		89
Uncle Tony's Special Large		4240	2200	249	93	0.5	13	45	380	8690	1330	341	13	48		176

Uncle Tony's Special Medium	2970	1520	172	62	0	9	31	245	5980	960	251	10	34	117
Uncle Tony's Special Personal	830	350	39	8				55	1220	370	98	1	2	26
Uncle Tony's Special Small	2390	1180	133	48	0	6	23	195	4840	760	213	7	26	95
Veggie Large	3920	1950	221	82	0.5	13	45	315	7710	1190	334	12	44	161
Veggie Medium	2740	1340	152	54	0	9	31	200	5300	810	246	8	31	106
Veggie Personal	60	15	2.0	0		0			55	130	11		2	2
Veggie Small	2180	1020	115	41	0	6	23	155	4200	660	208	6	24	85

[Go back to index](#)

Pizza - Stuffed Lighter Toppings	Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
Large Add: Anchovies	190	80	9	2.0		2.5	3.5	80	3380	500					27
Large Add: Artichoke	25								430		6	5			2
Large Add: Bacon	430	300	34	13				85	1450						26
Large Add: Banana Peppers	20								1700		4		4		
Large Add: Black Olives	90	80	9				6		780		6				
Large Add: Canadian Bacon	140	50	6	2.5				55	1710		2		2		21
Large Add: Chicken	270	50	6	1.5		1.5	2.0	140	120	420					51
Large Add: Feta Cheese	230	130	15	9				20	1330						19
Large Add: Fresh Basil	0	0	0						0	35	0				0
Large Add: Fresh Garlic	40	0	0			0			0	115	9		0		2
Large Add: Gorgonzola	300	210	24	15				75	790		3		3		24
Large Add: Green Olives	60	30	3.0	0.5					2180		7	4			1
Large Add: Green Peppers	20	0	0	0		0			0	170	5	2	2		1
Large Add: Ground Beef	420	310	35	15				100	1170						25
Large Add: Hot Giardinara	220	170	19	2.0					1470		4				
Large Add: Italian Beef	290	150	17	6				55	520						29
Large Add: Italian Sausage	640	450	51	17				180	1210	660	4	2			38
Large Add: Jalapenos	30	5	0.5	0		0			0	210	6	3	3		1
Large Add: Meatballs	320	220	25	9				60	890		7	1	1		18
Large Add: Mushrooms	20	0	0			0			0	320	3		2		3
Large Add: Onions	40	0	0						0	140	9	2	4		1
Large Add: Pepperoni	590	520	59	23				90	2320		5		5		27
Large Add: Pineapple	150								20	160	37	2	37	13	
Large Add: Roasted Red Peppers	35								200		7		3		
Large Add: Roma Tomatoes	60								600	580	14	4	9		4
Large Add: Spinach	25	0	0	0		0			80	550	4	2	0		3
Medium Add: Anchovies	150	60	7	1.5		2.0	2.5	60	2600	390					20
Medium Add: Artichoke	15								290		4	3			1
Medium Add: Bacon	280	200	23	9				55	960						17
Medium Add: Banana Peppers	15								1210		3		3		
Medium Add: Black Olives	70	60	7				4.5		550		4				
Medium Add: Canadian Bacon	90	35	4.0	1.5				40	1140		2		2		14
Medium Add: Chicken	190	35	4.0	1.0		1.0	1.5	95	85	290					35
Medium Add: Feta Cheese	150	90	10	6				15	890						13
Medium Add: Fresh Basil	0								0	15	0				0
Medium Add: Fresh Garlic	30	0	0			0			0	85	7		0		1
Medium Add: Gorgonzola	250	180	20	13				65	660		3		3		20
Medium Add: Green Olives	45	20	2.5	0					1560		5	3			0
Medium Add: Green Peppers	15	0	0						0	125	3	1	2		1
Medium Add: Ground Beef	300	220	24	10				70	820						17
Medium Add: Hot Giardinara	150	120	14	1.5					1050		3				
Medium Add: Italian Beef	200	110	12	4.0				40	360						20
Medium Add: Italian Sausage	450	320	36	12				125	850	460	3	1			27

Medium Add: Jalapenos	20	0	0				0	0	150	4	2	2	1
Medium Add: Meatballs	240	170	19	7				45	670		5		14
Medium Add: Mushrooms	15	0	0				0		0	230	2	1	2
Medium Add: Onions	30	0	0						0	105	7	1	3
Medium Add: Pineapple	90								10	100	23	1	23
Medium Add: Roasted Red Peppers	25								140		5		2
Medium Add: Roma Tomatoes	40								400	390	10	2	6
Medium Add: Spinach	15	0	0				0		55	400	3	2	0
Personal Add: Anchovies	50	20	2.0	0			0.5	1.0	20	830	125		7
Personal Add: Artichokes	5									95	1	1	0
Personal Add: Bacon	90	60	7	2.5					15	290			5
Personal Add: Banana Peppers	5									490	1		1
Personal Add: Black Olives	20	15	2.0					1.0		160	1		
Personal Add: Canadian Bacon	35	15	1.5	0.5					15	460		1	5
Personal Add: Chicken	50	10	1.0	0			0	0	25	25	80		10
Personal Add: Feta Cheese	60	35	4.0	2.5					5	350			5
Personal Add: Fresh Basil	0									0	0		
Personal Add: Fresh Garlic	0									0	10	1	0
Personal Add: Gorgonzola	100	70	8	5					25	260		1	8
Personal Add: Green Olives	10	5	0.5	0						440		1	0
Personal Add: Green Peppers	5									0	50	1	0
Personal Add: Ground Beef	120	90	10	4.0					30	330			7
Personal Add: Hot Giardiniera	60	50	6	0.5						420		1	
Personal Add: Italian Beef	60	30	3.5	1.0					10	110			6
Personal Add: Italian Sausage	210	150	17	6					60	400	220	1	13
Personal Add: Jalapenos	10	0	0				0			0	60	2	0
Personal Add: Meatballs	80	60	6	2.5					15	220		2	5
Personal Add: Mushrooms	5	0	0							0	90	1	1
Personal Add: Onions	10									0	40	3	0
Personal Add: Pepperoni	110	90	11	4.0					15	410		1	5
Personal Add: Pineapple	25									0	30	7	2
Personal Add: Roasted Red Peppers	10									55		2	1
Personal Add: Roma Tomatoes	10									75	75	2	0
Personal Add: Spinach	5	0	0							20	125	1	0
Small Add: Anchovies	120	50	6	1.0			1.5	2.0	50	2080	310		16
Small Add: Artichoke	10									220		3	1
Small Add: Bacon	250	180	20	7					50	840			15
Small Add: Banana Peppers	10									970		2	2
Small Add: Black Olives	50	45	5					3.5		440		4	
Small Add: Canadian Bacon	80	30	3.5	1.5					35	1040		1	13
Small Add: Chicken	160	30	3.5	1.0			1.0	1.0	85	75	250		31
Small Add: Feta Cheese	120	70	8	5					10	710			10
Small Add: Fresh Basil	0									0	15	0	0
Small Add: Fresh Garlic	20	0	0							0	55	5	1
Small Add: Gorgonzola	200	140	16	10					50	530		2	16
Small Add: Green Olives	35	15	2.0	0						1250		4	0
Small Add: Green Peppers	10	0	0							0	100	3	0
Small Add: Ground Beef	250	180	21	9					60	700			15
Small Add: Hot Giardinara	120	100	11	1.0						840		2	

Small Add: Italian Beef	150	80	9	3.0		30	270					15
Small Add: Italian Sausage	380	270	31	10		110	730	400	3	1		23
Small Add: Jalapenos	15	0	0		0		0	120	3	2	2	1
Small Add: Meatballs	160	110	13	4.5		30	450		4		1	9
Small Add: Mushrooms	10	0	0		0		0	180	2		1	2
Small Add: Onions	25	0	0				0	85	5		2	1
Small Add: Pepperoni	330	290	33	13		50	1290		3		3	15
Small Add: Pineapple	70						10	80	19		19	7
Small Add: Roasted Red Peppers	20						115		4		2	
Small Add: Roma Tomatoes	35						330	320	8	2	5	2
Small Add: Spinach	15	0	0		0		45	320	2	1	0	2

[Go back to index](#)

Pizza - Super Thin Crust Cheese		Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
Family Super Thin Cheese Pizza		2900	1490	168	60	0	3.0	26	295	5460	700	221	6	22		133
Large Super Thin Cheese Pizza		1650	800	91	35	0	2.0	15	170	3180	420	134	3	13		79
Medium Super Thin Cheese Pizza		1330	660	75	30	0	1.5	13	150	2570	340	100	3	10		67
Small Super Thin Cheese Pizza		850	410	46	17	0	1.0	8	85	1600	230	71	2	7		40
X-large Super Thin Cheese Pizza		2160	1050	118	46	0	2.5	20	225	4230	540	174	5	17		104

[Go back to index](#)

Pizza - Super Thin Crust Greatest Hits	Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
A Lot' A Meat Family	4340	2530	286	103	0	3.0	26	635	10820	1270	230	8	27		225
A Lot' A Meat Large	2560	1460	165	62	0	2.0	15	390	6580	770	139	4	16		137
A Lot' A Meat Medium	2000	1140	129	50	0	1.5	13	310	5120	600	104	3	12		110
A Lot' A Meat Small	1250	700	79	29	0	1.0	8	185	3050	410	74	3	8		66
A Lot' A Meat X-large	3360	1910	216	81	0	2.5	20	515	8740	1030	181	6	21		181
BBQ Chicken Family	4740	2000	227	81	0	6	30	720	11310	1850	380	8	161		283
BBQ Chicken Large	2670	1110	126	47	0	3.5	18	435	6330	1000	207	3	80		170
BBQ Chicken Medium	2090	890	101	39	0	3.0	15	345	4760	870	154	4	57		135
BBQ Chicken Small	1380	570	64	24	0	2.0	9	220	3200	580	112	3	42		87
BBQ Chicken X-large	3490	1460	165	62	0	4.5	23	560	8430	1270	271	5	106		219
Chicago Beef Family	3550	1890	214	70	0	3.0	26	365	7910	930	233	8	25		170
Chicago Beef Large	2060	1060	120	41	0	2.0	15	215	4790	540	141	5	15		101
Chicago Beef Medium	1640	860	97	35	0	1.5	13	185	3790	430	105	3	11		84
Chicago Beef Small	1050	530	60	20	0	1.0	8	110	2380	300	75	3	8		52
Chicago Beef X-large	2690	1380	156	54	0	2.5	20	285	6260	730	184	6	20		134
Hawaiian BBQ Family	4040	1630	185	67	0	3.0	26	460	14050	840	409	8	197	12	192
Hawaiian BBQ Large	2260	880	100	38	0	2.0	15	260	7670	510	234	4	107	8	111
Hawaiian BBQ Medium	1760	720	81	32	0	1.5	13	215	5700	420	170	3	76	7	90
Hawaiian BBQ Small	1180	450	51	19	0	1.0	8	135	4030	290	124	3	56	5	58
Hawaiian BBQ X-large	2950	1150	130	50	0	2.5	20	340	10090	670	305	6	140	10	145
Hot Buffalo Chicken Family	3530	1600	181	64	0	6	30	605	15340	1910	225	8	24		248
Hot Buffalo Chicken Large	2040	870	99	37	0	3.5	18	365	8160	1160	136	4	14		150
Hot Buffalo Chicken Medium	1620	710	81	32	0	3.0	15	295	5910	900	101	3	11		120

Hot Buffalo Chicken Small	850	410	46	17	0	1.0	8	85	1600	230	71	2	7	40
Hot Buffalo Chicken X-large	2640	1140	129	48	0	4.5	23	470	10860	1490	177	6	19	192
Nana's Special Family	3030	1500	170	61	0	3.5	26	295	6490	2250	246	12	27	144
Nana's Special Large	1730	810	92	35	0	2.0	15	170	3830	1380	149	7	16	86
Nana's Special Medium	1380	670	75	30	0	2.0	13	150	3000	1010	110	5	12	72
Nana's Special Small	890	410	46	17	0	1.0	8	85	1900	670	78	4	8	43
Nana's Special X-large	2260	1060	120	46	0	3.0	20	225	5090	1800	194	9	21	112
Northern Italian Veggie Family	3190	1600	182	61	0	3.0	32	295	6680	730	263	8	29	137
Northern Italian Veggie Large	1820	870	98	35	0	2.0	19	170	3860	430	158	4	17	82
Northern Italian Veggie Medium	1450	710	80	30	0	1.5	16	150	3080	350	117	3	13	69
Northern Italian Veggie Small	940	450	50	17	0	1.0	10	85	2000	240	84	3	9	41
Northern Italian Veggie X-large	2380	1130	128	46	0	2.5	25	225	5160	570	207	6	23	107
Rocco's Party Family	3540	1880	213	75	0	3.5	26	450	6520	2020	243	12	31	173
Rocco's Party Large	2040	1050	118	44	0	2.0	15	270	3840	1200	146	7	18	103
Rocco's Party Medium	1620	840	95	37	0	1.5	13	225	3060	930	109	5	14	85
Rocco's Party Small	1050	530	60	22	0	1.0	8	135	1920	630	78	4	9	52
Rocco's Party X-large	2690	1380	156	58	0	2.5	20	360	5130	1620	191	10	24	137
Spicy Pepino Family	4090	2480	280	94	0	3.0	26	415	13980	700	241	6	34	170
Spicy Pepino Large	2450	1460	166	57	0	2.0	15	255	8870	420	147	3	21	104
Spicy Pepino Medium	1920	1160	131	47	0	1.5	13	210	6840	340	110	3	16	85
Spicy Pepino Small	1250	740	83	29	0	1.0	8	125	4440	230	78	2	11	52
Spicy Pepino X-large	3150	1870	212	74	0	2.5	20	330	11340	540	190	5	28	134
Uncle Tony's Large	2260	1250	142	53	0	2.0	15	305	4760	930	145	6	18	112
Uncle Tony's Medium	1780	990	112	43	0	1.5	13	250	3730	720	108	5	14	91
Uncle Tony's Special Family	3880	2210	249	89	0	3.0	26	505	7960	1570	241	11	31	185
Uncle Tony's Special Small	1140	610	70	26	0	1.0	8	150	2310	500	77	4	9	56
Uncle Tony's Special X-large	2970	1650	186	70	0	2.5	20	405	6310	1260	189	9	24	147
Veggie Family	2980	1490	169	60	0	3.5	26	295	5470	1370	239	11	30	139
Veggie Large	1700	810	91	35	0	2.0	15	170	3190	800	144	6	18	82
Veggie Medium	1360	660	75	30	0	1.5	13	150	2580	630	107	4	14	69

Veggie Small	870	410	46	17	0	1.0	8	85	1600	420	76	3	9	42
Veggie X-large	2220	1050	119	46	0	2.5	20	225	4240	1070	188	8	24	108

[Go back to index](#)

Pizza - Super Thin Crust Toppings		Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
Family Add: Anchovies	360	150	17	3.5			4.5	6	145	6240	930					49
Family Add: Artichoke	60									980		13	11			4
Family Add: Bacon	710	500	57	21					140	2410						43
Family Add: Banana Peppers	40									4010		8		8		
Family Add: Black Olives	170	150	17					11		1380		11				
Family Add: Canadian Bacon	220	80	9	3.5					90	2750		4		4		33
Family Add: Chicken	460	90	10	3.0			2.0	3.5	235	200	710					86
Family Add: Feta Cheese	360	210	24	15					30	2130						30
Family Add: Fresh Basil	5	0	0				0			0	85	1		0		1
Family Add: Fresh Garlic	110	0	0	0			0			10	280	23	1	1		5
Family Add: Gorgonzola	660	470	53	33					165	1710		7		7		53
Family Add: Green Olives	110	50	6	1.0						3900		13	8			1
Family Add: Green Peppers	35	0	0	0			0			5	320	9	3	4		2
Family Add: Ground Beef	510	370	42	18					120	1400						30
Family Add: Hot Giardinara	390	310	35	4.0						2620		8				
Family Add: Italian Beef	490	260	29	10					95	880						49
Family Add: Italian Sausage	960	680	77	26					270	1820	990	6	3			57
Family Add: Jalapenos	60	10	1.0	0			0.5	0		0	400	11	5	6		2
Family Add: Meatballs	400	280	31	11					75	1120		9	1	1		23
Family Add: Mushrooms	40	5	0.5	0			0			10	590	6	2	4		6
Family Add: Onions	70	0	0	0						5	270	17	3	8		2
Family Add: Pepperoni	790	700	79	30					120	3100		6		6		36
Family Add: Pineapple	190									25	200	46	2	46	16	
Family Add: Roasted Red Peppers	60									370		12		6		
Family Add: Roma Tomatoes	80									770	750	18	5	11		5
Family Add: Spinach	40	5	0.5	0			0			135	950	6	4	1		5
Large Add: Anchovies	220	90	10	2.5			2.5	4.0	90	3900	580					31
Large Add: Artichoke	35									600		8	7			3
Large Add: Bacon	430	300	34	13					85	1450						26
Large Add: Banana Peppers	25									2430		5		5		
Large Add: Black Olives	100	90	10					7		830		7				
Large Add: Canadian Bacon	140	50	6	2.5					55	1710		2		2		21
Large Add: Chicken	280	50	6	1.5			1.5	2.0	145	125	440					53
Large Add: Feta Cheese	230	130	15	9					20	1330						19
Large Add: Fresh Basil	0	0	0				0			0	50	0		0		1
Large Add: Fresh Garlic	60	0	0				0			5	170	14		0		3
Large Add: Gorgonzola	400	290	32	20					100	1050		4		4		32
Large Add: Green Olives	60	30	3.5	0.5						2340		8	5			1
Large Add: Green Peppers	25	0	0	0			0			0	200	5	2	3		1
Large Add: Ground Beef	300	220	24	10					70	820						17
Large Add: Hot Giardinara	230	180	21	2.5						1570		5				
Large Add: Italian Beef	300	160	18	6					60	540						30
Large Add: Italian Sausage	570	410	46	15					165	1090	600	4	2			34
Large Add: Jalapenos	35	5	0.5	0			0			0	240	7	3	4		2
Large Add: Meatballs	240	170	19	7					45	670		5		1		14

Large Add: Mushrooms	25	0	0	0	0			5	360	4	1	2	4
Large Add: Onions	45	0	0					0	170	11	2	5	1
Large Add: Pepperoni	530	470	53	20			80	2070		4		4	24
Large Add: Pineapple	110							15	120	28	1	28	10
Large Add: Roasted Red Peppers	40							230		8		4	
Large Add: Roma Tomatoes	50							460	450	11	3	7	3
Large Add: Spinach	25	0	0	0	0			85	590	4	2	0	3
Medium Add: Anchovies	150	60	7	1.5	2.0	2.5	60	2600	390				20
Medium Add: Artichoke	25							460		6	5		2
Medium Add: Bacon	320	230	26	10			65	1080					19
Medium Add: Banana Peppers	20							1820		4		4	
Medium Add: Black Olives	70	60	7			5.0		610		5			
Medium Add: Canadian Bacon	110	40	4.5	2.0			45	1330		2		2	16
Medium Add: Chicken	200	40	4.5	1.0	1.0	1.5	100	90	310				37
Medium Add: Feta Cheese	170	100	11	7			15	970					14
Medium Add: Fresh Basil	0	0	0					0	35	0			0
Medium Add: Fresh Garlic	40	0	0		0			0	115	9		0	2
Medium Add: Gorgonzola	300	210	24	15			75	790		3		3	24
Medium Add: Green Olives	50	20	2.5	0				1720		6	3		1
Medium Add: Green Peppers	15	0	0		0			0	150	4	1	2	1
Medium Add: Ground Beef	230	170	19	8			55	640					14
Medium Add: Hot Giardinara	170	130	15	1.5				1150		3			
Medium Add: Italian Beef	230	120	14	4.5			45	410					23
Medium Add: Italian Sausage	430	300	34	11			120	810	440	3	1		26
Medium Add: Jalapenos	25	0	0.5	0	0			0	180	5	2	3	1
Medium Add: Meatballs	160	110	13	4.5			30	450		4		1	9
Medium Add: Mushrooms	20	0	0		0			0	270	3		2	3
Medium Add: Onions	35	0	0					0	125	8	1	4	1
Medium Add: Pineapple	90							10	100	23	1	23	8
Medium Add: Roasted Red Peppers	30							170		6		3	
Medium Add: Roma Tomatoes	35							350	340	8	2	5	2
Medium Add: Spinach	15	0	0		0			55	400	3	2	0	2
Small Add: Anchovies	100	45	5.0	1.0	1.5	2.0	40	1820	270				14
Small Add: Artichoke	15							290		4	3		1
Small Add: Bacon	210	150	17	6			45	720					13
Small Add: Banana Peppers	15							1210		3		3	
Small Add: Black Olives	45	40	4.5			3.0		390		3			
Small Add: Canadian Bacon	70	25	3.0	1.0			30	850		1		1	10
Small Add: Chicken	140	25	3.0	1.0	0.5	1.0	70	65	220				26
Small Add: Feta Cheese	110	60	7	4.5			10	620					9
Small Add: Fresh Basil	0							0	15	0			0
Small Add: Fresh Garlic	30	0	0		0			0	85	7		0	1
Small Add: Gorgonzola	200	140	16	10			50	530		2		2	16
Small Add: Green Olives	30	15	1.5	0				1090		4	2		0
Small Add: Green Peppers	10	0	0					0	100	3		1	0
Small Add: Ground Beef	170	120	14	6			40	470					10
Small Add: Hot Giardinara	110	90	10	1.0				730		2			
Small Add: Italian Beef	150	80	9	3.0			30	270					15
Small Add: Italian Sausage	280	200	22	7			80	520	290	2			17
Small Add: Jalapenos	15	0	0		0			0	120	3	2	2	1
Small Add: Meatballs	80	60	6	2.5			15	220		2		0	5
Small Add: Mushrooms	10	0	0		0			0	180	2		1	2

Small Add: Onions	25	0	0					0	85	5	2	1	
Small Add: Pepperoni	260	230	26	10			40	1030		2	2	12	
Small Add: Pineapple	60							5	60	14	14	5	
Small Add: Roasted Red Peppers	20							115		4	2		
Small Add: Roma Tomatoes	25							230	220	5	1	3	1
Small Add: Spinach	10	0	0		0			40	280	2	1	0	1
X-large Add: Anchovies	280	120	13	3.0	3.5	5	115	4940	730				39
X-large Add: Artichoke	45							770		10	9		3
X-large Add: Bacon	570	400	45	17			115	1930					34
X-large Add: Banana Peppers	35							3160		7	7		
X-large Add: Black Olives	130	110	13			8		1050		8			
X-large Add: Canadian Bacon	170	60	7	3.0			75	2180		3	3		26
X-large Add: Chicken	360	70	8	2.0	1.5	2.5	185	160	560				68
X-large Add: Feta Cheese	300	180	20	13			25	1770					25
X-large Add: Fresh Basil	5	0	0		0			0	65	1	0		1
X-large Add: Fresh Garlic	80	0	0	0	0			10	230	19	1	1	4
X-large Add: Gorgonzola	540	380	43	27			135	1400		5	5		43
X-large Add: Green Olives	80	40	4.5	1.0				2960		10	6		1
X-large Add: Green Peppers	35	0	0	0	0			5	320	9	3	4	2
X-large Add: Ground Beef	400	290	33	14			95	1110					24
X-large Add: Hot Giardinara	290	230	26	3.0				1990		6			
X-large Add: Italian Beef	380	200	22	7			75	680					38
X-large Add: Italian Sausage	740	530	60	20			210	1410	770	5	2		45
X-large Add: Jalapenos	45	10	1.0	0	0			0	300	8	4	5	2
X-large Add: Meatballs	320	220	25	9			60	890		7	1	1	18
X-large Add: Mushrooms	30	0	0	0	0			5	450	5	1	3	4
X-large Add: Onions	60	0	0	0				5	210	13	2	6	2
X-large Add: Pepperoni	660	580	66	25			100	2580		5	5		30
X-large Add: Pineapple	150							20	160	37	2	37	13
X-large Add: Roasted Red Peppers	45							280		9	5		
X-large Add: Roma Tomatoes	60							580	560	14	3	9	3
X-large Add: Spinach	35	0	0.5	0	0			110	790	5	3	1	4

Go back to index

Salads	Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
Add: Breaded Chicken (6 Oz)	580	290	33	4.0		1.0	1.5	190	220	330	26				44
Add: Extra Blue Cheese (2 Oz)	260	230	26	8				30	350		2				4
Add: Extra Caesar Dressing (2 Oz)	310	280	32	5	0	17	8	40	590	25	4		2		2
Add: Extra Creamy Garlic (2 Oz)	300	290	33	6				25	310	5	3		13	0	0
Add: Extra House Balsamic Vinaigrette (2 Oz)	260	230	26	4.0					490		6				
Add: Extra Poppy Seed (2 Oz)	320	270	30	4.0					150		11		11		
Add: Extra Ranch Dressing (2 Oz)	250	230	26	6				20	550		2				
Add: Roasted Chicken (6 Oz)	200	40	4.5	1.0		1.0	1.5	105	90	310					38
Blueberry Pecan Salad with Poppy Seed Dressing	690	530	60	9		0	0	5	750	470	33	5	25		11
Buffalo Chicken Salad with Blue Cheese Dressing	1410	950	108	30		1.0	1.5	315	3020	880	40	4	5		73
Caesar Salad Entree with Dressing	960	770	87	19	0.5	33	16	125	2220	590	24	4	7		22
Caesar Salad Side with Dressing	500	400	45	10	0	17	8	65	1170	300	12	2	3		12
Garbage Salad with House Balsamic Vinaigrette	650	480	54	14		0.5	3.5	50	2040	920	26	7	8		22
Mixed Green Salad Entree with House Balsamic Vinaigrette	400	330	38	7		0		10	800	320	14	2	2		4
Mixed Green Salad Side with House Balsamic Vinaigrette	200	170	19	4.0		0		10	430	170	7	1	1		3

Go back to index

Sandwiches	Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
Add: Hot Giardinara	120	100	11	1.0					840		2				
Add: Sweet Peppers	35	30	3.5	0		1.5	0.5		0	40	1		1		0
Chicken Club Sandwich - 6" (No Sides)	920	440	50	16		1.0	3.0	120	1970	170	68	6	14		50
Godfather - 6" (No Sides)	940	510	58	20	4.0	1.0	5.0	110	2100	75	47	2	3		57
Godfather - 8" (No Sides)	1380	780	88	29	7	1.5	6	155	3030	95	65	2	3		80
Godmother - 6" (No Sides)	990	490	56	19	4.0	1.0	5.0	110	2400	75	72	7	7		54
Godmother - 8" (No Sides)	1330	700	79	25	7	1.5	6	130	3210	95	93	7	7		67
Italian Meatball Sub - 6" (No Sides)	1240	750	85	30	4.0	1.0	5.0	160	3210	75	63	5	5		61
Italian Meatball Sub - 8" (No Sides)	1030	650	74	30	1.0	1.0	6	175	3610	100	36	6	4		60
Roasted Chicken Pesto - 6" (No Sides)	1070	610	69	20	4.0	6	12	155	1860	360	49	2	3		64
Roasted Chicken Pesto - 8" (No Sides)	1450	840	95	27	7	7	14	180	3530	400	72	4	3		78
Roasted Italian Beef - 6" (No Sides)	480	150	18	5		0		50	1130		45	2	2		33
Roasted Italian Beef - 8" (No Sides)	670	210	24	7		1.0		70	1510		63	2	2		47

Go back to index

Sides	Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
3 Breadsticks W Sauce (Baked)	470	240	27	4.0	2.5				860	80	51		1		9
3 Breadsticks W Sauce (Fried)	640	410	47	5	3.0				860	80	51		1		9
6 Breadsticks W Sauce (Baked)	940	470	54	8	5		0		1710	160	102	2	1		18
6 Breadsticks W Sauce (Fried)	1290	830	94	10	6		0		1720	160	102	2	1		18
Garlic Bread 6"	430	220	25	5.0	4.0	0.5		5	980	10	44	2	2		11
Garlic Bread 6" - with Cheese	730	420	47	17	4.0	1.0	5.0	75	1630	80	47	2	3		34
Garlic Bread 8"	690	380	43	9	7	1.0		10	1580	10	62	2	2		18
Garlic Bread 8" - with Cheese	1070	630	71	25	7	1.5	6	100	2380	105	66	2	3		47
Side of Baked Waffle Fries	420	170	19	2.5		8	7		1490	560	59	2	13	10	2
Side of Fried Onion Rings	710	400	46	5.0					1380		71	2	20	10	4
Side of Fried Waffle Fries	650	410	46	4.5		8	7		1490	560	59	2	13	10	2
Side of Italian Sausage	520	350	40	13				135	1210	490	9	3	1		29
Side of Meatballs	370	240	27	9				60	1210		13	2	2		19

[Go back to index](#)

Wine	Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
Brut Prosecco	170										2		2	2	
Cabernet Sauvignon - Bottle	610										19				1
Cabernet Sauvignon - Glass	140										5				0
Chardonnay - Bottle	620								35	530	16		7		1
Chardonnay - Glass	150								10	125	4		2		0
Chianti - Bottle	640								30	950	20		5		1
Chianti - Glass	150								5	220	5		1		0
Merlot - Bottle	620								30	950	19		5		1
Merlot - Glass	150								5	220	4		1		0
Pinot Grigio - Bottle	620										15				1
Pinot Grigio - Glass	150										4				0
Pinot Noir - Bottle	610										17				1
Pinot Noir - Glass	140										4				0
Riesling - Bottle	600										28				1
Riesling - Glass	140										7				0
Rose - Bottle	550										15		1		
Rose - Glass	130										4		0		
Sauvignon Blanc - Bottle	600										15				1
Sauvignon Blanc - Glass	140										4				0

[Go back to index](#)

Wings	Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
Bone-in Wings Baked (07)	280	150	18	4.5				155	810	0	2				26
Bone-in Wings Baked (14)	560	310	35	9				315	1610	0	4				53
Bone-in Wings Baked (21)	840	460	53	13				470	2420	0	5				79
Bone-in Wings Fried (07)	460	340	38	6				155	810	0	2				26
Bone-in Wings Fried (14)	920	680	77	12				315	1610	0	4				53
Bone-in Wings Fried (21)	1370	1010	115	18				470	2420	0	5				79
Boneless Wings Baked (08)	450	200	23	5				75	1250	0	28				33
Boneless Wings Baked (16)	900	400	45	10				150	2500	0	55				65
Boneless Wings Baked (24)	1350	600	68	15				225	3750	0	83				98
Boneless Wings Fried (08)	720	480	54	7				75	1250	0	28				33
Boneless Wings Fried (16)	1450	960	109	15				150	2500	0	55				65
Boneless Wings Fried (24)	2170	1440	163	22				225	3750	0	83				98
Dressing - Blue Cheese (07/08)	260	230	26	8				30	350		2				4
Dressing - Blue Cheese (14/16)	510	470	53	15				60	700		4				8
Dressing - Blue Cheese (21/24)	770	700	79	23				90	1040		6				11
Dressing - Ranch (07/08)	250	230	26	6				20	550		2				
Dressing - Ranch (14/16)	490	470	53	11				40	1100		4				
Dressing - Ranch (21/24)	740	700	79	17				55	1660		6				
Sauce - Boom Boom (07/08)	280	270	30	4.5					480		5		4		
Sauce - Boom Boom (14/16)	570	530	60	9					960		11		7		
Sauce - Boom Boom (21/24)	850	800	90	13					1440		16		11		
Sauce - Hot Buffalo (07/08)	0								1490						
Sauce - Hot Buffalo (14/16)	0								2980						
Sauce - Hot Buffalo (21/24)	0								4470						
Sauce - Lemon Pepper (07/08)	230	200	22	4.0	4.0				1600	15	7		6	6	2
Sauce - Lemon Pepper (14/16)	460	390	44	8	8				3210	30	15		12	12	4
Sauce - Lemon Pepper (21/24)	690	590	67	12	12				4810	45	22		18	18	6
Sauce - Memphis BBQ (07/08)	100								390	0	23		16	1	
Sauce - Memphis BBQ (14/16)	200								780	5	46		32	1	
Sauce - Memphis BBQ (21/24)	300								1180	10	69		48	2	0
Sauce - Nancy's Sweet BBQ (07/08)	90								570		23		21		
Sauce - Nancy's Sweet BBQ (14/16)	190								1140		46		42		

Sauce - Nancy's Sweet BBQ 280
(21/24)

1710

68

63

[Go back to index](#)